



Bladder and Bowel Community Product Information

Factsheet and Products: Hand Held and Body Worn Urinals

Hand Held Urinals

A portable urinal is very useful for people who need to get to the toilet quickly. These products are extremely useful when toilet facilities are not available or easy to use.

Hand held urinals can also be very useful for carers who have difficulty lifting as a patient can use them in bed, sitting down or standing up.

Some urinals are made of lightweight plastic; these are useful for people who have difficulty lifting heavy objects. Some urinals can be folded up and carried around in a bag or pocket. Using a urinal is not always easy to use straight away but it will become easier with practice and time.

Body Worn Urinals

Body worn urinals may be worth considering if penile sheaths are not working efficiently or are not suitable.

A body worn urinal should be fitted by a specialist. It is important that you find a good fit to ensure you are comfortable and can be confident that you won't leak. The specialist will ensure that you or your carer can use the device properly.

There are 4 types of body-worn urinals:

Drip urinals – these products are designed to contain a moderate amount of leakage. They come with a waist strap with a reservoir or drip bag which fits over the penis. There is a tap to drain the reservoir.

Diaphragm urinals – these products have a flexible diaphragm held in place by straps. The penis passes through the diaphragm into the urinal.

Pubic pressure urinals – these products are designed for men who find sheaths unsuitable. The urinal is held close to the body by waist and groin straps and the pressure allows the penis to protrude into the urinal.

Penis and scrotum urinals – these products are designed to contain the whole genitalia. These types of body-worn urinals can also be used by men with a retracted penis (where all the parts of the penis withdraw into the body).

You will normally need 2 urinals, as you will need to change the urinal during the day. Urinals should last approximately 6 months.

Products Available

If you would like to find out more about available products please visit the [Continence Product Advisor website](#) which provides independent advice on products and devices based on research.

There are many products to choose from so it is recommended that you always seek advice from a health professional before you try any product as there may be other more appropriate options available to you.

The Bladder and Bowel Community provides information and support for people with bladder and bowel issues. We publish a wide range of user friendly booklets and factsheets.

For more information please call us on 01926 357220, email help@bladderandbowel.org or write to us at The Bladder and Bowel Community, 7 The Court, Holywell Business Park, Northfield Road, Southam, CV47 0FS.

www.bladderandbowel.org

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