



# Bladder & Bowel Community

## **Bladder and Bowel Community Product Information**

### **Catheter Valves**

Catheter valves can be used as an alternative to allowing urine to drain freely into a drainage bag.

The valve is connected to the catheter outlet. Opening the valve at regular intervals drains urine.

Catheter valves are more discreet than leg bags. And because urine is stored in the bladder, not a drainage bag, they can help keep the bladder in good working order.

Catheter valves need to be opened at regular intervals to empty the bladder. If this is not done, there can be damage to the bladder and kidneys.

Catheter valves are not suitable for everyone, so seek advice from a health professional before using one.

There are several things to think about when choosing a catheter valve. Different designs of catheter valves need different degrees of dexterity and strength. Choose one which you find easy to open and close.

Clothing is important, because some catheter valves are bulky and may be noticeable beneath clothing. Loose clothes, with easy opening or extra-long zips may be useful.

Some valves require good eyesight to determine whether they are open or closed.

Change your catheter valve every 5-7 days or as recommended by your health professional. Wash the area where your catheter enters your body as part of your daily hygiene regime. Avoid creams and talc around this area.

Take the opportunity to experiment with a variety of catheter valves to discover which one best suit your needs. Speak to your continence advisor or urologist who will be able to help you make the right choice.

### **Catheter valves – products available**

B&BC aims to provide up-to-date and accurate product information. No liability is accepted for any errors in the information presented. B&BC endorses neither the companies nor the products listed here.

**Clini Supplies** Qualitas House, 100 Elmgrove Road, Harrow Middlesex HA1 2RW  
 Tel: 0800 0854957 Email: [info@clinisupplies.co.uk](mailto:info@clinisupplies.co.uk) Website: [www.clinisupplies.co.uk](http://www.clinisupplies.co.uk)

Product	Description	Size
Prosys® Catheter Valve	Prosys® Catheter Valve	Prosys® Catheter Valve

### Coloplast Ltd

Peterborough Business Park Peterborough Cambridgeshire PE2 6FX  
 Tel: 0800 132787 Website: [www.coloplast.co.uk](http://www.coloplast.co.uk)

Product code	Description	Locking
Catheter Valve	Lever valve with safety halfway position to stop leaks	Lever action locking requires 2 hands

**Great Bear Healthcare** 1 Lambourne Cres, Cardiff Business Park, Cardiff, CF14 5GF  
 Tel: 029 2074 7770 Website: [www.greatbearhealthcare.co.uk](http://www.greatbearhealthcare.co.uk)

Product	Description	Source
Libra Accessories	Libra lever catheter valve	Available on prescription

**Teleflex** Grosvenor House, Horseshoe Crescent, Old Town, Beaconsfield, HP9 1LJ  
 Tel:01494 53 27 61 Website: [www.teleflex.com/emea/product-areas/home-care](http://www.teleflex.com/emea/product-areas/home-care)

Product	Description
Catheter Accessories	Catheter Valve available on prescription, packed in 2's.

'The Bladder and Bowel Community provides information and support for people with bladder and bowel issues. We publish a wide range of user friendly booklets and factsheets.

For more information please call us on 01926 357220, email [help@bladderandbowelfoundation.org](mailto:help@bladderandbowelfoundation.org) or write to us at The Bladder and Bowel Community, 7 The Court, Holywell Business Park, Northfield Road, Southam, CV47 0FS.

**[www.bladderandbowelfoundation.org](http://www.bladderandbowelfoundation.org)**

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